



2014 Direct Incentives Checklist

Purpose	Incentive
I. Improve Self-Management of diabetes:	
<input type="checkbox"/> FSBG Monitoring, verification of BG log	Value ≤ \$20
<input type="checkbox"/> Attend 1 st session of DM education	Value ≤ \$20
II. Improve compliance with ADA recommended preventive measures:	
<input type="checkbox"/> Pneumococcal or Influenza vaccination	Value ≤ \$10
III. Improve compliance with ADA recommended treatment and management:	
<input type="checkbox"/> Retinal eye exam	Value ≤ \$20
<input type="checkbox"/> Urine for Microalbumin test	Value ≤ \$10
<input type="checkbox"/> LDL Cholesterol test	Value ≤ \$20
<input type="checkbox"/> HbA1c test	Value ≤ \$20
IV. Improvement in ABCs of diabetes:	
<input type="checkbox"/> HbA1c decrease of 1%	Value ≤ \$20
<input type="checkbox"/> HbA1c goal of < 7%	Value ≤ \$50
<input type="checkbox"/> BP goal of < 140/90	Value ≤ \$20
<input type="checkbox"/> LDL Cholesterol < 100 mg/dl	Value ≤ \$20
V. Eliminate barriers to a healthy lifestyle	
<input type="checkbox"/> Attend smoking cessation group or individual class	Value ≤ \$20
<input type="checkbox"/> Attend behavioral health counseling	Value ≤ \$20
<input type="checkbox"/> Weight loss of 7% in 52 weeks (BMI ≥ 25)	Value ≤ \$50

Maximum Total Direct Incentives:

\$320 per person/year

(Examples include: Gift cards, vouchers, or other items to be determined by program)
