

MYTH or FACT activity –
(this activity was created by GSA (Gay/Straight/Alliance) students in Hawaii's schools)

Preparation for this activity:

Print and cut up the MYTH and FACT cards

Print another set and do not cut them – as the answer cheat sheet. The facilitator holds on to the answer sheet to make sure the MYTHs are correctly identified by the corresponding FACT card.

Pass out all 18 cards – 9 of them will be MYTH and the other 9 will be FACT cards that correct the MYTH card. Have each individual read outloud to the whole group a MYTH card. Individuals who are holding a FACT card will decide if their card corrects the MYTH. The individual who is holding the correct FACT will read their card out loud to the whole group. Make sure it is the correct FACT card by checking your answer cheat sheet.

Read all MYTH cards and have them correctly identified.

Facilitator can debrief during the activity or after all have been read.

<p>Myth - If a gay man or lesbian could just meet the “right” member of the opposite sex, then he or she could fall in love and be “cured.”</p>	<p>Fact - Many gay men and lesbians have dated members of the opposite sex but find it more fulfilling to date members of their own sex. Most LGB persons have no desire to change their sexual orientation. Those who do are usually reacting to negative societal attitudes toward homosexuality.</p>
<p>Myth - HIV/AIDS is a strictly “gay” disease.</p>	<p>Fact - HIV is a virus can infect all kinds of people. No one is immune based on sexual orientation alone. Infection with HIV occurs by the transfer of blood, semen, vaginal fluids, pre-ejaculate, or breast milk.</p>
<p>Myth – Since the social climate in the United States has been improving, there is hardly any anti-LGBT discrimination left.</p>	<p>Fact – In spite of recent progress, there still is a long ways to go. For example, in the US, the current guidance from the US Food and Drug Administration (FDA) is to indefinitely ban blood donations from any male donor who has had sex with another man, in the period from 1977 to the present day.</p>