PONO Life Skills



Intended for Grades: 3 - 8 Estimated Time: 45-60 minutes Date: September 25, 2024

LESSON TITLE: STORY OF MY NAME

LESSON PURPOSE: Participants (teacher and students) will:

- Engage in an introduction activity about their name and themselves, with the goal of building connections with one another.
- Interview a parent/'ohana member to learn more about their name
- Decide what they would like to share with others regarding things they enjoy doing and something they would like to do better
- Practice their speaking and listening skills as they present their "Story of My Name" script

MATERIALS & PREPARATION:

"Story of my Name" worksheet (page 2)
"Story of my Name" script (page 3)

BACKGROUND INFORMATION: Building connections between teacher and students, and between students, is valuable. For that reason, we recommend enjoying this lesson at the beginning of the school year.

"The relational part of teaching may very well be its most underrated aspect..." James Ford, the 2015 North Carolina State Teacher of the Year and the program director for the Public School Forum of North Carolina, told Education Week. He added, "Our first job as teachers is to make sure that we learn our students, that we connect with them on a real level, showing respect for their culture and affirming their worthiness to receive the best education possible."

There have been dozens of studies proving the point that when teachers develop positive relationships with their students, it produces both short-term and long-term educational benefits. In order to set the stage for a positive learning space, students not only need to establish a positive connection with their teacher, but also with their class peers. The goal is to help students feel a sense of "belonging" in their class, where it is okay to ask questions, make mistakes, and learn collaboratively.

People don't care how much you know until they know how much you care.

STEPS:

Have the students (and teacher) start filling out the "Story of My Name" worksheet (page 2) in
class, then take it home to be completed with a parent, parents, or adult household member. (If
a student does not have access to how they got their name, such as adoption/foster situation,
assist by doing a search here: www.meaningofthename.com)
Have students (and teacher) use the script template (page 3) to finalize the information they
would like to share out.
Take the time to do a fun icebreaker, then have the teacher and students introduce themselves

REFLECTION QUESTIONS:

using their script.

- 1) What might be some new understanding you have now about your name?
- 2) What are some things you've learned about your teacher and classmates that make you glad to be with them?





"Story Of My Name" - Worksheet

The Story of Your Name tells about where you come from, what your family dreamed for you, and who you are. Find a family member and a good time to talk story (respecting your story-teller's time, tasks, mood).

Write the answers below, as well as your thoughts on what you would like to share about what you enjoy and would like to do better.

All your names: _			
_	First Name	Middle Name(s)	Last Name
Nickname or other	names you go by:		
HOW was I named	d or WHO named me?		
WHY was I given t	this name?		
WHAT is the mea	ning of my name(s)?		
WHERE does our	family name come from?	?	
Some things I en	joy doing are?		
Something I want	t to do better is		
		of things and/or others, b	e honest)





"Story Of My Name" - My Script

.0			koʻu inoa.
First Name	Middle Name(s)	Last Name	
Sometimes I go by			
Sometimes I go by	Nickname or o	ther name	
		gave	e me my name.
This is how I was name			
I was given this name b			
This is the meaning of	my name(s):		
My family name comes	from:		
Some things I enjoy do			
Something I want to do	better is:		