## PONO Life Skills Lessons & Activities

Intended for Grades: 4-8 Est. Time: 50-60 minutes Draft: Apr. 2014

Lesson Title: LEADING THE PACK - Knowing School Mascots

**Lesson Purpose:** Participants will investigate how the characteristics and attributes of their school mascot may relate to themselves and how they, in return, can represent their school's spirit.

### **Materials & Preparation:**

- \* Handout Leading the Pack-Mascot Research
- \* Chart Paper
- \* 5 x 13 paper card-stock or construction paper
- \* Pencil, colored pencils, markers, or crayons
- \* Instructor. Prepare information about your school mascot animal or character to research using the Internet. (Check your school's website, too.)

### **Background Information: What is a Mascot?**

School mascots are used to set schools apart from their competitors. Often, a mascot is a character or an animal used to portray assertiveness, courage, or heroism--traits the students can take pride in.

- \* Animals as Mascots Animals are the most popular mascots used in schools. Predatory animals like panthers or wolverines are popular for their self-confidence. Animals like rams or mustangs might be chosen for their gallantry.
- \* Local Mascots Some schools choose to use a mascot that represents the heritage of their neighborhood. For example, coastal schools might be known as the Whalers or a rural school might adopt a Cornhusker as a mascot.
- \* Religious Mascots Religious schools frequently prefer to assume biblical school mascots, such as the Crusaders or the Saints.
- \* Mascots in the Community School mascots can become so popular that their communities adopt them. Costumed mascots are often seen promoting local businesses or reaching out to community members.

Read more at:

http://www.ehow.com/facts 5007157 what-school-mascot.html#ixzz2XBWWFVS9

### Steps:

- **1.** Ask students to share what they know about mascots and what they symbolize. Discuss background information with the group. (3-5 min.)
- 2. Hand out to each student a "Leading the Pack Mascot Research" paper (see below). Work in groups or as a class to research and document information about their mascot, using their prior knowledge and the Internet. (\*Some schools have Mascot information on the school's web site. If yours doesn't, here's a purpose.) (20 minutes)



- **3.** As a class, record research on a t-chart. (See example below 10-15 min.)
- 4. After collecting data on their mascot, create mini banner anagrams using words that represent the values of that Mascot. (I.e.: HAWK: H - helpful; A - adapt to change; Wwork together; K- know how to be pono) Have students display their mini banners around campus to promote school spirit. (15-20 minutes)
- **5.** Debrief Reflection Questions (5 min)
- \*\*Extension ideas: Create a school mural with the mascot and values it represents; write an article for a local newspaper; put information on your school website; share with younger students; create an art contest showing the mascot doing something that represents a value; have a group write a new school song or chant representing the mascot and its values, etc.

#### **Reflection Questions:**

- \* How might understanding the purpose of a mascot help increase a positive school community?
- \* How can you positively contribute to your school's spirit?

### **Resource sites:**

\* Read more:

http://www.ehow.com/facts 5007157 what-school-mascot.html#ixzz2XBWWFVS9

Symbols of some mascots:

http://www.animal-symbols.com/

http://statesymbolsusa.org/Hawaii/Hawaii-state-symbols.html



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Name	e: Date:	
	<b>Leading the Pack - Mascot Research</b>	
Masc	Name	
	Im	nage
1. W	hat are your mascot's characteristics? List four or five of then	n.
1		_
2		
3		_
		_
5		
2. W	rite down four to five values your mascot represents:	
1		_
2		_
3		_
		_
5		_
What	personal connections can you make to this mascot? (Write yo	our reflection.)

Name of Mascot:			
Characteristics	Values		

T Chart Created by:

