Who We Are

We are a USDOE Native Hawaiian Education Grant Project with aims to empower educators and students by strengthening pilina (relationships), supporting culture-based learning, and promoting well-being through the Nā Hopena A‘o (HĀ) framework. Our work enhances academic skills, fosters cultural identity, and supports smooth transitions throughout students’ educational journeys.

Mission

Provide support and resources to educators with direct support to Windward DOE Schools.

Online Resources

- Pono Life Skills Curriculum
  - A culture & place-based character education curriculum
  - Connects to Social Emotional Learning Outcomes and HĀ
- Pono Pass It On Reflection Cards

Our partner organizations include Alu Like, Compassionate Ko‘olau, Dream Navigator, & KŪ-A-KANAKA .

For More Info

Contact Us

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Pono-Pass-It-On! Reflection Cards were made possible by U.S. Department of Education Native Hawaiian Education Program Awards S362A210008 and S362A230012. The content of the cards does not necessarily represent their official views

ULU A‘E TRANSITIONS

Growing Pono Schools

#PonoPassItOn Reflection Cards

Pono-Pass-It-On Cards support Positivity, Social Emotional Learning and builds pilina (connections)

What are Pono Cards?

- Set of Reflection cards created for:
  - K-3
  - Elementary
  - Middle/Highschool and up

- Cards include an 'Ōlelo No'eau by Mary Kawena Pukui or other quotes with a reflection prompt found on the backside of the card
- These cards support positivity, Social Emotional Learning and builds pilina (connections)
- Includes lesson suggestions on how to use the cards

How Can I get it?

Card sets are available digitally through our website: https://cds.coe.hawaii.edu/growingponoschools/

Upon request and availability, the Ulu A'e Transitions team is available to consult and support teachers who want to explore the use of the card set with students.

How to use Pono Cards

Piko- Pilina Circle Guidelines

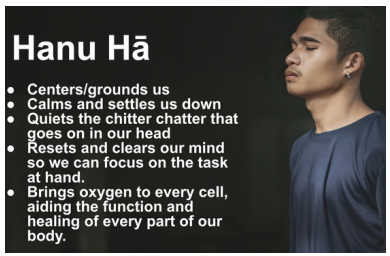
- Everything said in circle in confidential.
- Respect talking piece/persons - all eyes & attention on whoever has the talking piece (ho'olohe pono)
- Talking piece always going to the left; all given a chance to speak
- You may pass or come back to you; no one is forced to speak
- Piko must feel like a peaceful & safe space (pu'uhonua)

1 Create a Pilina Circle

Pilina is Building Relationships. It is creating a safe space that strengthens belonging and a shared Kuleana.

2 Initiate Hanu - Hā

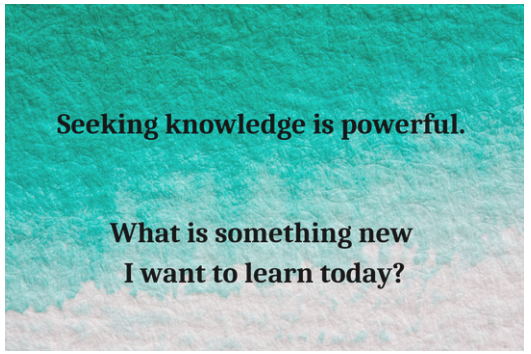
Hanu- Inhale deep for 3 seconds.
Hā- Exhale very slowly.
Repeat 3 times.



3 Pilina.

Introduce your talking piece, which is to be respected/cared for (mālama). This is passed around the circle, from one's heart, clockwise.

4 Pull a Pono card for students to focus on as a "theme for the day/week." Have students (and teacher) share their reflections.

Front of card

Back of card