Preparing Your Child for the Smarter Balanced Assessment (SBA)

What is the purpose of the SBA?

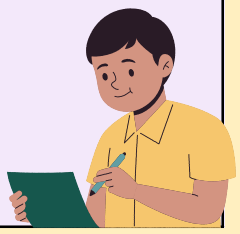
Tests highlight what students are doing well!

Test scores are a good way to learn about your child's progress toward their personal dreams for a career or education after high school.

Tests can help leaders in the community to provide more targeted support & resources for schools.

Tests help us to discover the areas that are more challenging for students so that teachers and families can better support student success.

Testing helps us find out how well our schools are meeting your child's academic needs.



Tohinaka, K., Sohn, H. H., & Pualoa, K. (2024) *HFEC Advisory Committee & Assessment Section Q&A* [PowerPoint Slides]. Hawaii Statewide Assessment Program. https://smarterbalanced.alohahsap.org/content/contentresources/en/Assessment-Section-Presentation-to-HFEC_071724.pdf

Preparing Your Child for the Smarter Balanced Assessment

What to Expect on the Test

Explore an Informational Toolkit

Click here for info about the purpose of the SBA from the National Center on Educational Outcomes

Practice Sample Test Questions

Click here to explore sample test questions as a family

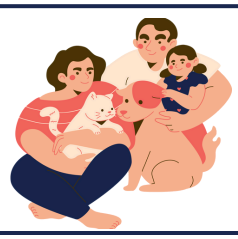
Browse a Parent Information Booklet

Click here to find a parent information booklet in your preferred language

"How can I prepare my child for the SBA?"

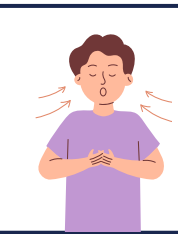
PHYSICAL SUPPORT

Help your child get plenty of rest in the days leading up to the test. Additionally, encourage them to eat foods that help them feel energized and focused, and make use of school or community meal programs when helpful.



EMOTIONAL SUPPORT

Talk to your child about what to expect when testing. Ask them how they are feeling about the SBA & if they have any questions. Encourage a positive approach by exploring the purposes of the SBA.



MENTAL SUPPORT

Practice deep breathing and other grounding exercises with your child to encourage self-regulation and to reduce feelings of anxiety. Remind them that test results only capture one moment in time-- they don't predict a child's future!

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