

Questions to Ask Yourself if You Are Interested in Self-Employment

Am I a self-starter?	Am I self-reliant?	How well do I get along with a variety of personalities?	How good am I at making decisions?
Do I have the physical and emotional stamina to run a business?	How well do I plan and organize?	How well do I find ways to solve problems?	Do I have experience in this type of business?
Is my attitude and drive strong enough to maintain motivation?	How will the business affect my family?	Who can help me with my business plan?	What business would I like to start and why?
What type of special training do I need for this type of business?	What type of education do I need for this business?	How much do I know about this type of business?	Will I need to hire other people to help make my business successful?

Adapted from U.S. Department of Labor, Office of Disability Employment Services, "Small Business and Self-Employment for People with Disabilities" and "Self-Employment: Steps for Vocational Rehabilitation Counselors," Nancy Arnold, Tom Seekins, Roger Shelley, David Hammis, Carleen Anderson, and Randall Brown, 1998 **Link to VR Self-Employment Guide: <http://vrselfemploymentguide.org/>