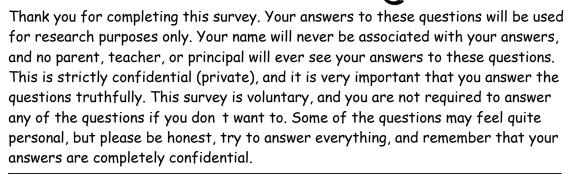
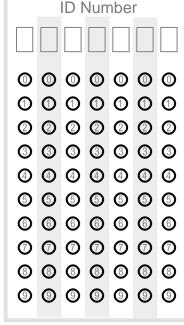
### PONO CHOICES

Student Survey





### I. PREGNANCY AND STI PREVENTION

Fill in the Bubbles Completely

This section asks about what you know about pregnancy and STI (sexually transmitted infection) prevention. For each question or item, please fill in one circle that best describes your response.

Incorrect

 $\bigotimes \odot \bigotimes$ 

Correct

#### MARK ONLY ONE RESPONSE FOR EACH QUESTION.

- 1. What is the only 100% effective way to prevent pregnancy? (mark only one)
  - O Condoms
  - O Not having sex
  - O Birth control pills
  - O Do not know
- 2. You are at a high risk of getting HIV from: (mark only one)
  - O Vaginal sex with a condom
  - O Using unsterilized needles during tattooing
  - O Sitting on a toilet seat in a public bathroom
  - O Do not know
- 3. Which of the following is a viral STI (sexually trasmitted infection)? (mark only one)
  - O Chlamydia
  - O HIV
  - O Syphilis
  - O Do not know
- 4. You can usually tell when a person has an STI by: (mark only one)
  - O Their reputation
  - O The way they look
  - O You can't tell without a test
  - O Do not know



- 5. A pregnancy can occur as a result of: (mark only one)
  - O Unprotected vaginal sex
  - O Oral sex
  - O Abstaining from sex
  - O Do not know
- 6. Which of these can help prevent the spread of STIs? (mark only one)
  - O Birth control pills
  - O Condoms, dental dams, and gloves
  - O Spermicides and diaphragms
  - O Do not know
- 7. Refusal skills to help you negotiate a pressure situation include: (mark only one)
  - O Identify, redevelop, and redefine the situation
  - O Stop talking to the person altogether and ignore them
  - O Refuse the pressure, provide a reason, and offer an alternative
  - O Do not know
- 8. Which bodily fluid can trasmit HIV? (mark only one)
  - O Urine
  - O Saliva
  - O Semen
  - O Do not know
- 9. What type of birth control method prevents the female's ovaries from releasing eggs? (mark only one)
  - O Hormonal methods
  - O Barrier methods
  - O Abstinence
  - O Do not know

## II. CONDOM USE

This section asks about what you know about how to use condoms. For each statement, please fill in one circle that best describes your response. MARK ONLY ONE RESPONSE FOR EACH QUESTION.	True	False	Do not know
1. A condom can be used more than once.	0	0	0
2. Wearing two condoms will provide extra protection.	0	0	0
<ol><li>As long as a condom fits over the tip of the penis, it doesn't matter how far down it is unrolled.</li></ol>	0	0	0
<ol> <li>When putting on a condom, it is important to have it fit tightly, leaving no space at the tip.</li> </ol>	0	0	0



5.	If you start to put a condom on rolling down the wrong way, you should throw it away and use a new one.	True O	False O	Do not know O
6.	Condoms have an expiration date.	0	0	0
7.	To properly remove a condom, hold the condom at the base and pull out the penis after it is no longer erect.	0	0	0
8.	Water-based lubricants are better than oil-based ones because the oil makes condoms more likely to break.	0	0	0
9.	Your wallet is a good place to store condoms.	0	0	0

**III. YOUR VIEW ON PREGNANCY AND STI PREVENTION** This section asks how important you think certain behaviors or activities are. Please tell us what you think by filling in one circle that best describes your response.

MARK ONLY ONE RESPONSE FOR EACH QUESTION.	Not Important	Slightly Important	Important	Very Important	Do not know	
1. Not having sex until I am ready	0	0	0	0	0	
2. Avoiding risky sexual behavior	0	0	0	0	0	
3. Preventing unwanted pregnancy as a teenager	0	0	0	0	0	
4. Knowing what kind of birth control methods I can use to prevent an unwanted pregnancy	0	0	0	0	0	
5. Taking personal responsibility for my sexual health	0	0	0	0	0	
6. Communicating openly about sexual intent with my partner	0	0	0	0	0	
7. Knowing multiple ways to prevent STIs and HIV	0	0	0	0	0	
8. Using condoms to prevent STIs and unwanted pregnancy	0	0	0	0	0	
9. Using alternative ways to show affection other than having	sexO	0	0	0	0	
10. Understanding changes that happen during puberty	0	0	0	0	0	

# IV. RELATIONSHIPS AND WAYS TO MAKE CHOICES ABOUT SEXUAL ACTIVITY This section asks about what you feel about various aspects of relationships and ways to make choices about

sexual activity. Please fill in one circle that best describes your response. MARK ONLY ONE RESPONSE FOR EACH QUESTION.

		Very			Very	Do not	
1	For me, effectively communicating with my partner about my	Difficult	Difficult	Easy	Easy	know	
1.	intentions and wishes about sexual activity is	0	0	0	0	0	
2.	For me, refusing unwanted and/or unprotected sex is	0	0	0	0	0	
3.	For me, identifying if a relationship is healthy or unhealthy	is O	0	0	0	0	
4.	For me, following the steps for correct condom use is	0	0	0	0	0	
5.	For me, getting/buying condoms or other birth control is	0	0	0	0	0	



### V. PERSONAL EXPERIENCE

This section asks about any experience you may have had with sexual intercourse (which means a male putting his penis into a female's vagina).

0 0	Yes ➡ No ➡	SKIP TO SEC	O THE NEXT QUESTION (QUESTION 2)
			had sexual intercourse?
Iw	as	years old	
3. Hav O	e you been pr Yes	egnant or gotto O	en someone else pregnant (even if no child was born)? No
4. If ye	es, how many <sup>.</sup>	times have you	been pregnant or gotten someone else pregnant?
	tii	mes	
condom	is, birth contr (Implanon)?		ourse without using an effective method of birth control - including ot (Depo Provera), the patch, the ring (NuvaRing), IUD (Mirena or Paragard), No
_	r think about <sup>.</sup> Yes	the past 3 mon O	ths. In the past 3 months, have you had sexual intercourse even once? No
		times have you mes	had sexual intercourse in the past 3 months?
8. In † 0	he past 3 mor Yes	nths, have you   O	had sexual intercourse without you or your partner using a condom? No
9. If y 		times have you mes	ı had sexual intercourse without using a condom in the past 3 months?
methoc (NuvaR	l of birth con ing), IUD (Mi	trol - including rena or Paragai	had sexual intercourse without you or your partner using an effective condoms, birth control pills, the shot (Depo Provera), the patch, the ring rd), implant (Implanon)?
-	Yes es, how many it 3 months?	O times have you	No I had sexual intercourse without using effective methods of birth control in

\_\_\_\_ times



### VI. SEXUALLY TRANSMITTED INFECTIONS (STI)

This section asks about STIs. Please fill in one circle that best describes your response. MARK ONLY ONE RESPONSE FOR EACH QUESTION.

- 1. Have you ever been tested for STIs (sexually trasmitted infections)?
  - O Yes O No
- 2. Have you ever been treated for an STI (including HIV)?
  - O Yes O No

### VII. NEXT YEAR

This section asks about your thoughts on the next 12 months. Please fill in one circle that best describes your response.

M	ARK ONLY ONE RESPONSE FOR EACH QUESTION.	Yes, Definitely	Yes, Probably	No, Probably Not	No, Definitely Not	Do not know	
1.	Do you intend to have sexual intercourse in the next 12 months, if you have the chance? (mark only one)	0	0	0	0	0	
2.	If you were to have sexual intercourse in the next 12 months do you intend to use (or have your partner use) a condom? (mark only one)	<sup>s,</sup> O	0	0	0	0	
3.	If you were to have sexual intercourse in the next 12 months, do you intend to use (or have your partner use) any of these methods of birth control: birth control pills the shot (Depo Provero) the patch the ring (NuvaRing)	0	0	0	0	0	

IUD (Mirena or Paragard), implant (Implanon)? (mark only one)



# Thank you for completing the survey!