

# PONO CHOICES

## Student Survey



Thank you for completing this survey. Your answers to these questions will be used for research purposes only. Your name will never be associated with your answers, and no parent, teacher, or principal will ever see your answers to these questions. This is strictly confidential (private), and it is very important that you answer the questions truthfully. This survey is voluntary, and you are not required to answer any of the questions if you don't want to. Some of the questions may feel quite personal, but please be honest, try to answer everything, and remember that your answers are completely confidential.

Fill in the Bubbles Completely

Correct



Incorrect



ID Number

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### I. PREGNANCY AND STI PREVENTION

This section asks about what you know about pregnancy and STI (sexually transmitted infection) prevention. For each question or item, please fill in one circle that best describes your response.

#### MARK ONLY ONE RESPONSE FOR EACH QUESTION.

1. What is the only 100% effective way to prevent pregnancy? (mark only one)
  - Condoms
  - Not having sex
  - Birth control pills
  - Do not know
2. You are at a high risk of getting HIV from: (mark only one)
  - Vaginal sex with a condom
  - Using unsterilized needles during tattooing
  - Sitting on a toilet seat in a public bathroom
  - Do not know
3. Which of the following is a viral STI (sexually transmitted infection)? (mark only one)
  - Chlamydia
  - HIV
  - Syphilis
  - Do not know
4. You can usually tell when a person has an STI by: (mark only one)
  - Their reputation
  - The way they look
  - You can't tell without a test
  - Do not know

5. A pregnancy can occur as a result of: (mark only one)
- Unprotected vaginal sex
  - Oral sex
  - Abstaining from sex
  - Do not know
6. Which of these can help prevent the spread of STIs? (mark only one)
- Birth control pills
  - Condoms, dental dams, and gloves
  - Spermicides and diaphragms
  - Do not know
7. Refusal skills to help you negotiate a pressure situation include: (mark only one)
- Identify, redevelop, and redefine the situation
  - Stop talking to the person altogether and ignore them
  - Refuse the pressure, provide a reason, and offer an alternative
  - Do not know
8. Which bodily fluid can transmit HIV? (mark only one)
- Urine
  - Saliva
  - Semen
  - Do not know
9. What type of birth control method prevents the female's ovaries from releasing eggs? (mark only one)
- Hormonal methods
  - Barrier methods
  - Abstinence
  - Do not know

## II. CONDOM USE

This section asks about what you know about how to use condoms. For each statement, please fill in one circle that best describes your response.

**MARK ONLY ONE RESPONSE FOR EACH QUESTION.**

- |   | True                  | False                 | Do not know           |
|---|-----------------------|-----------------------|-----------------------|
| 1. A condom can be used more than once.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Wearing two condoms will provide extra protection.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. As long as a condom fits over the tip of the penis, it doesn't matter how far down it is unrolled. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. When putting on a condom, it is important to have it fit tightly, leaving no space at the tip.     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

- |   | True                  | False                 | Do not know           |
|---|-----------------------|-----------------------|-----------------------|
| 5. If you start to put a condom on rolling down the wrong way, you should throw it away and use a new one.      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. Condoms have an expiration date.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. To properly remove a condom, hold the condom at the base and pull out the penis after it is no longer erect. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. Water-based lubricants are better than oil-based ones because the oil makes condoms more likely to break.    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. Your wallet is a good place to store condoms.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**III. YOUR VIEW ON PREGNANCY AND STI PREVENTION**

This section asks how important you think certain behaviors or activities are. Please tell us what you think by filling in one circle that best describes your response.

**MARK ONLY ONE RESPONSE FOR EACH QUESTION.**

- |  | Not Important         | Slightly Important    | Important             | Very Important        | Do not know           |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Not having sex until I am ready   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Avoiding risky sexual behavior  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Preventing unwanted pregnancy as a teenager   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. Knowing what kind of birth control methods I can use to prevent an unwanted pregnancy | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. Taking personal responsibility for my sexual health                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. Communicating openly about sexual intent with my partner                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. Knowing multiple ways to prevent STIs and HIV   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. Using condoms to prevent STIs and unwanted pregnancy                                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. Using alternative ways to show affection other than having sex                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. Understanding changes that happen during puberty                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**IV. RELATIONSHIPS AND WAYS TO MAKE CHOICES ABOUT SEXUAL ACTIVITY**

This section asks about what you feel about various aspects of relationships and ways to make choices about sexual activity. Please fill in one circle that best describes your response.

**MARK ONLY ONE RESPONSE FOR EACH QUESTION.**

- |   | Very Difficult        | Difficult             | Easy                  | Very Easy             | Do not know           |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. For me, effectively communicating with my partner about my intentions and wishes about sexual activity is... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. For me, refusing unwanted and/or unprotected sex is...   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. For me, identifying if a relationship is healthy or unhealthy is...  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. For me, following the steps for correct condom use is...   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. For me, getting/buying condoms or other birth control is...  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

## V. PERSONAL EXPERIENCE

This section asks about any experience you may have had with sexual intercourse (which means a male putting his penis into a female's vagina).

1. Have you ever had sexual intercourse?

- Yes ➔ CONTINUE TO THE NEXT QUESTION (QUESTION 2)  
 No ➔ SKIP TO SECTION VI

Answer the following only if you checked YES to Question 1.

2. How old were you when you first had sexual intercourse?

I was \_\_\_\_\_ years old

3. Have you been pregnant or gotten someone else pregnant (even if no child was born)?

- Yes  No

4. If yes, how many times have you been pregnant or gotten someone else pregnant?

\_\_\_\_\_ times

5. Have you ever had sexual intercourse without using an effective method of birth control - including condoms, birth control pills, the shot (Depo Provera), the patch, the ring (NuvaRing), IUD (Mirena or Paragard), implant (Implanon)?

- Yes  No

6. Now think about the past 3 months. In the past 3 months, have you had sexual intercourse even once?

- Yes  No

7. If yes, how many times have you had sexual intercourse in the past 3 months?

\_\_\_\_\_ times

8. In the past 3 months, have you had sexual intercourse without you or your partner using a condom?

- Yes  No

9. If yes, how many times have you had sexual intercourse without using a condom in the past 3 months?

\_\_\_\_\_ times

10. In the past 3 months, have you had sexual intercourse without you or your partner using an effective method of birth control - including condoms, birth control pills, the shot (Depo Provera), the patch, the ring (NuvaRing), IUD (Mirena or Paragard), implant (Implanon)?

- Yes  No

11. If yes, how many times have you had sexual intercourse without using effective methods of birth control in the past 3 months?

\_\_\_\_\_ times

**VI. SEXUALLY TRANSMITTED INFECTIONS (STI)**

This section asks about STIs. Please fill in one circle that best describes your response.

**MARK ONLY ONE RESPONSE FOR EACH QUESTION.**

1. Have you ever been tested for STIs (sexually transmitted infections)?

- Yes                       No

2. Have you ever been treated for an STI (including HIV)?

- Yes                       No

**VII. NEXT YEAR**

This section asks about your thoughts on the next 12 months. Please fill in one circle that best describes your response.

**MARK ONLY ONE RESPONSE FOR EACH QUESTION.**

	Yes, Definitely	Yes, Probably	No, Probably Not	No, Definitely Not	Do not know
1. Do you intend to have sexual intercourse in the next 12 months, if you have the chance? (mark only one)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. If you were to have sexual intercourse in the next 12 months, do you intend to use (or have your partner use) a condom? (mark only one)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. If you were to have sexual intercourse in the next 12 months, do you intend to use (or have your partner use) any of these methods of birth control: birth control pills, the shot (Depo Provero), the patch, the ring (NuvaRing), IUD (Mirena or Paragard), implant (Implanon)? (mark only one)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



**Thank you for completing the survey!**