

Camp Mānoa 2025



When: Tuesday, July 29 - Friday, Aug. 1, 2025*

Where: University of Hawai'i at Mānoa Campus

**dates subject to student housing availability. Optional Culture-focused Pre-camp activities may be offered on July 28th. More info to follow.*

In 2025, we proudly celebrate the **10th anniversary of CAMP MĀNOA**, sponsored by the University of Hawai'i Center on Disabilities, the UH Postsecondary Support Project TPSID Program, and our dedicated partners. We are excited to welcome campers from inclusive higher education institutions nationwide, as well as pre-service educators.

Camp Mānoa is an **INCLUSIVE**, residential, Self Determination-based training opportunity designed for incoming and current college students—both with and without disabilities—from any accredited institution. This unique four-day, three-night learning experience offers a hands-on introduction to college life through a challenging schedule that mirrors a typical college day. Campers will stay in on-campus dorms, dine in the cafeteria, and engage in structured activities that prepare them for postsecondary and career success.



Visit the Camp Mānoa Website:
cds.coe.hawaii.edu/campmanoa



**Camp Mānoa and the PSP are coordinated by the
University of Hawai'i Center on Disability Studies and the UHM College of Education**





What to Expect at Camp Mānoa

Camp Mānoa provides a transformative experience that empowers students to take charge of their education, careers, and lives—ensuring they are prepared to navigate college and beyond with confidence and independence.

This year's Camp Mānoa will be a four-day, three-night in-person experience. Depending on interest and availability, Camp Mānoa may offer an extra culture and acclimation day for interested participants on Monday July 28th, more information will follow. Campers will stay overnight in single or double occupancy rooms at the University of Hawai'i at Mānoa dormitories, enjoy meals in the campus cafeteria, and participate in various on-campus activities and workshops. The daytime schedule is rigorous yet enjoyable, while evening activities focus on education, socialization, and independent living skills.

Through engaging activities, interactive workshops, and mentorship, campers will learn about and practice the skills necessary for personal and academic success. On the final day of camp, each participant will present their personal vision for a self-determined future, along with the goals they have set to achieve it.

University of Hawai'i at Mānoa faculty and staff from the Postsecondary Support Project Inclusive Higher Education program will facilitate camp activities and workshops. Our trained peer counselors, all CPR certified, will support participants with group work and provide additional training and coaching as needed.

The camp curriculum emphasizes the core components of self-determination, preparing participants to envision and achieve a future driven by their own goals and choices. All camp activities are designed to provide education and practice opportunities in the following areas:

- **Self-Awareness:** Understanding strengths, challenges, and personal identity
- **Self-Regulation:** Managing emotions, behaviors, and responses
- **Self-Efficacy:** Building confidence in one's abilities
- **Self-Advocacy:** Effectively communicating needs and goals
- **Problem-Solving:** Developing critical thinking skills for real-world challenges
- **Goal-Setting:** Creating actionable, meaningful objectives
- **Decision-Making:** Strengthening independent and informed choices



Frequently Asked Questions:

Q: Is there a cost to attend?

The cost of Camp Mānoa is subsidized by the Center on Disability Studies, the Department of Vocational Rehabilitation, and the Developmental Disabilities Division. The unsubsidized cost of Camp Manoa is \$1,500 per student however most eligible clients and consumers of partner agencies will not pay out of pocket. Private pay options and scholarship awards are available.

Q: How do I make arrangements for ADA accommodation?

If you need any ADA accommodation, your request must be made with PSP at least ten (10) business days in advance of the camp start date.

Q: What types of accommodations are available?

To accommodate participants we can provide the necessary accommodations:

Trained Camp Staff: Facilitation styles, communication methods, implementation of behavior plans, modification/adaptation of activities, etc.

Communication Access: Sign language interpreters or listening devices upon request. Professional interpretation will be arranged for formal training sessions.

Facilities: Ensure physical accessibility and/or transportation to all sites and program offerings upon request.

Programming: Utilize the services of Inclusion Specialists during summer camp operations to help address participation issues/needs/ADA accommodations.

Q: If I already attended Camp before can I attend again?

Yes. If we have space, Camp Mānoa is repeatable and counselor in training opportunities are available. In the unlikely event of space, personnel, or funding limitations, first-time campers will receive priority.

Q: Can I attend Camp Mānoa only during the day or on specific days?

Campers are expected to attend all camp activities and stay over in the dorms. If a camper has physical or mental health or other concerns that might make staying over challenging, please contact us to discuss a “day camp-only” option.

Q: Are meals included?

Yes! Breakfast, lunch, and dinner are included.

Q: What should I bring to camp?

We will send out a packing list in early July for students.