Wellness Matters Program!

Adapted Physical Activities and Paralympic Activities

Offered by:

Kelle L. Murphy, D.P.E, CAPE, Center on Disability Studies

(Certified Adapted Physical Educator and Physical Educator with over 22 years of teaching experience)



Eligibility: Open to all ID/DD Individuals- 14 years to adult

Cost: \$125 for each 8 week sessions; sliding fee available

Day and Time: Wednesdays- 5:30-7:00 PM

* Set-up and Breakdown time: 5:30-5:45 and 6:45-7:00 PM

* Class Time: 5:45-6:45 PM

Class Size: 10 students

Parent-Centered Approach: Parents/Guardians/Coaches should attend if your child needs assistance

Location: University of Hawaii at Manoa Studio 3, Lower Campus

Registration: Email Dr. Kelle Murphy at kellem@hawaii.edu

to register by February 10, 2023

