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August 10, 2023 Kūpuna Collective Newsletter

Aloha everyone! In this newsletter we highlight some resources in light of the fires affecting Maui and Hawai'i Island, learning opportunities to expand our knowledge on aging issues, calls for volunteers, and more.

Appreciation and respect goes to our Maui 'ohana who continue to provide care to kūpuna and caregivers in the hardest hit areas, and who remain a lifeline for their communities in so many ways. We are inspired by you today and every day

Thank you all for your contributions to the newsletter and as always, reach out to kupunacollective@hiphi.org if you have resources to share, observations to bring to light, and things that we as a community can support with!

-Christy, Lindsey, Jenny, Derrick, and Kiara

Responding to the Fires: Ways to Support and Things to Look Out For

Given the devastating fires on Maui and Hawai'i Island, we are keeping an eye on ongoing efforts to give and receive support as shared by various news sources and community partners. This list is not comprehensive and as of now most

Mental Health Resources

- Hawaii Cares
- <u>Disaster Distress Helpline</u>

Locating Loved Ones

- Share widely: <u>Maui Fires People Locator</u> where people can directly assist one another in finding loved ones
- American Red Cross loved one reunification service

Housing/Shelter Assistance

- Maui County Evacuation <u>Shelters and Fire Updates</u>
- From Forbes Article:
 - Because it can take a few days or longer to get help from insurance companies, you may qualify for Transitional Sheltering Assistance, a program created by the Federal Emergency Management Agency, or FEMA
 - FEMA's <u>Individual and Households Program</u> offers hotel and short-term housing reimbursement, short-term rent assistance, continued rental subsidies for up to 18 months while your home is being repaired or rebuilt, and financial assistance to pay for any home repairs your insurance doesn't cover. You can apply for FEMA assistance on <u>the</u> <u>agency's website</u> or by calling 800-621-3362.

Donations, Supplies, and Volunteer Opportunities

- Chef Hui Maui Wildfires- <u>Emergency Relief Volunteer Form</u>
- Lāhui Foundation Fire Recovery Efforts
- The Maui Strong Fund <u>Donation Page</u>
- Maui United Way Fire and Disaster Relief **Donation Page**
- CNHA <u>Kāko'o Maui</u> fund
- The Maui Food Bank
- For those on Maui: <u>War Memorial Complex open Wednesday and Thursday</u> as dropoff site for emergency shelter donations

victims

For those on O'ahu:

- The Maui Senate Delegation has organized a Maui Fire Relief Donation Drive at the State Capitol on Thursday, 8/10/23, and Friday, 8/11/23 from 10am to 2pm. All donated items will be sent directly to the County of Maui. Suggested donation items include: toiletries, diapers, formula, toys, clothing (all ages, all sizes), new bedding, new pillows, household goods, non-perishable food items. There are two drop off sites:
 - On Beretania St. in front of the Father Damien Statue
 - Basement level from Miller St. Ramp Capitol parking lot in front of the double doors
- Community Lomi Event @ Ka Waiwai ma Mō'ili'ili Friday August 11
 @ 5 PM by CNHA, Ka Pā o Lonopūhā, and the Waiwai Collective.
 - Collecting donations, holding space, and fundraising to uplift the mauli ola of the great moku of Maui. Special call out to all musicians to share your melodies. More info <u>here</u>
- Social media has proven a powerful way to stay on top of ongoing developments. 808 Viral is just one instagram account that has been helping in quickly spread awareness while being held accountable by viewers who help identify scams and other forms of fraud. As always, check your sources and take care when sharing information!

Avoiding Scam Funds

Speaking of scams, here are some tips to help you and our kūpuna stay vigilant against possible scams during this time. From <u>Hawai'i News Now</u> and the <u>Consumer Financial Protection Bureau</u>:

- **Don't donate under pressure.** Scammers often try to take advantage of heightened emotions to keep you from thinking clearly. Take your time to conduct necessary research, help one another as able with this.
- **Ask questions and confirm identities:** Con artists may pose as government employees, insurance adjusters, law enforcement, bank employees, or whoever it takes to get your money. Scammers may even claim to be a close friend/affiliation to a loved one.
 - Always ask for identification. Call the organization the person claims to work for to confirm if the person does work there. Call your loved one

accept credit card and check donations.

- Look out for names that sound a lot like the names of real charities. Make sure to read carefully, fact-check, and check your links.
- Never give personal or financial information to anyone you don't know
 - Government employees will never ask you for financial information such as your bank account number

Donors with any questions or complaints about a scam charity can contact the Tax & Charities Division at 808-586-1480 or by sending an email to ATG.Charities@hawaii.gov

For members affected by the fires we are standing ready to help where and when we can through our work.

For members in the midst of action, mahalo nui for all that you do.

For all members, please reach out if you have additional information or resources to share towards the response and recovery from these devastating events.

Learning Opportunities

Aug 12

8:00 am – 2:15 pm Website and RSVP

15th Annual Aging in Place/Realities Of Aging Workshops (Ala Moana Hotel, Honolulu)

Everyone is welcome to learn about topics ranging from financial security, city/state support services, non profit programs, long term care options and more. Free to the public and hosted by Generations Magazine!

Aug 16

10:00 - 11:30 am Registration Link and <u>Flyer</u>

Statewide Webinar: Dementias Associated with Parkinsonism (zoom)

In this webinar, Web Ross, M.D will discuss what is known about these types of dementias, how to recognize their symptoms, and management strategies relevant for

Aug 19

1:00 - 5:00 pm Website and Flyer

Connecting, Supporting and Empowering Queer Kūpuna (Ka Waiwai Moʻiliʻili, Honolulu)

MVPFAFF and LGBTQIA+ people growing older in Hawaii. face social isolation, financial insecurity, access to equitable health care and a sense of disconnection from the evolving queer culture. At this Rainbow Town Hall at Ka Waiwai Moiliili in Honolulu we'll explore how informal hui, social service agencies, and the Hawaii LGBT Legacy Foundation are addressing these needs.

Sep 7 - 8

7:30am - 4:15pm <u>Website and</u> <u>Registration</u>

Hawai'i Pacific Gerontological Society Biennial Conference (Ala Moana Hotel, Honolulu)

This Biennial will focus on the essential adjustments made by organizations, individuals and kupuna themselves over the past few years in response to the needs of our elderly population. HPGS will highlight these important changes at this year's conference.

For Our Kūpuna and their Communities

Call for Kūpuna Volunteers for Nā Kama Kai

Nā Kama Kai is dedicated to empowering keiki by strengthening their connection to the ocean and building a community around it. **They are searching for kūpuna who are excited to share their knowledge with the next generation, whatever that knowledge may be!** Check out their website for more details about their volunteer opportunities, particularly their ocean clinics, and volunteer application process. Questions? Reach out at info@nakamakai.org or (808) 772-4194

Hawai'i Digital Navigators

The Hawai'i State Library is supporting a new pilot service to help answer questions about navigating technology and the digital world! Hawaii Digital

phone call, but they can also connect with via videoconference too.

Hawaii Digital Navigator Hotline (808) 320-5141 and find more info here



Got a question about technology? We have answers!

Vision Zero Survey for Safer Streets (O'ahu)

Hawai'i is the most dangerous state in the country to be a pedestrian over the age of 65. Given this, the City and County of Honolulu would like to learn more about your experience and thoughts on road safety. The results will be used to understand how traffic crashes affect Oʻahu residents and create an action plan to make Oʻahu streets safer for all.

Share your experiences with <u>this link</u> and learn more at Vision Zero's website

Jobs & Funding Opportunities

Aloha United Way Safety Net Impact Grant

Proposals are now being accepted from Tuesday, Aug. 1 until 4 p.m. Thursday, Aug. 31, 2023. For 2024-2025, the total amount available is \$840,000 per year through the Safety Net Impact Grant fund for eligible partner agencies.

Eligible agency requirements:

- Must be an Aloha United Way Donor Choice Partner Agency in good standing with AUW
- Must service residents directly on O'ahu

assistance; food security; health and community care; and disaster relief

To apply, please visit agency.e-cimpact.com/login.aspx?org=13010F

<u>Hawaiian Telecom - Bell Foundation Digital Equity Grants</u>

Application period: 8/1/23 - 8/31/23

The Bell Foundation is offering grants ranging from \$20K - \$25K in a special round of grants to support digital equity in Hawaii. More info here

ACP Mini Grants

The Affordable Connectivity Program (ACP) is a federal benefit program that helps ensure that low income households can afford the broadband they need for work, school, healthcare and more. The target amount is \$5,000 (flexible) per grant where grantees work on time bound projects that increase awareness of ACP in their communities, provide ACP enrollment support, and includes an in-person component.

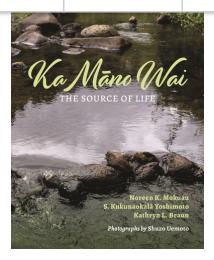
Training and support is readily available so no experience necessary! Contact lindsey@hiphi.org for more info

Shared By Our Members

Statewide Fair Housing Conference (Recording link)

Earlier this year the City and County of Honolulu received 11,000 applications for their Section 8 Housing Choice Vouchers (HCV) program, exceeding the number of available vouchers over three fold. For those who want to learn more about housing initiatives happening across the state, check out the <u>recording</u> from April's Statewide Fair Housing Conference shared by one of our Collective members

Ka Māno Wai: The Source Of Life



members who have shared some awesome stories and the work that they do within and beyond aging. I spoke to Dr. Kathryn Braun of Ha Kūpuna who shared a book she's coauthored: *Ka Māno Wai*. It is dedicated to the mo`olelo (stories) of fourteen esteemed kumu loea (expert teachers): Kamana`opono M. Crabbe, Linda Kaleo`okalani Paik, Eric Michael Enos, Claire Ku`uleilani Hughes, Sarah

Patricia `Ilialoha Ayat Keahi, Jonathan Kay Kamakawiwo`ole Osorio, Lynette Ka`opuiki Paglinawan, Sharon Leina`ala Bright, Keola Kawai`ula`iliahi Chan, Charles "Sonny" Kaulukukui III, Jerry Walker, Gordon "`Umi" Kai, Melody Kapilialoha MacKenzie, and Kekuni Blaisdell. Their stories educate us about maintaining and enhancing our well-being through ancestral cosmography and practices such as mana (spiritual, supernatural, or divine power), mālama kūpuna (care for elders and ancestors), `āina momona (fruitful land and ocean), `ōlelo Hawai`i (Hawaiian language), and so much more. The book is available through the University of Hawaiʻi Press in hard cover and paperback. Link herea/harange/

Nā Hoʻaloha Falls Prevention Coloring Book (Link to PDF and video below)

In preparing for another Kūpuna Collective check in interview with King Van Nostrand from Nā Hoʻaloha, I found this awesome resource: <u>a fall prevention coloring book</u> for kids to learn the role they can play in their family's health and wellbeing.

Sharing these things are important as we try to learn from each other about existing resources and ways we are engaging our whole communities in the health and well being of kūpuna.

Mahalo to Nā Hoʻaloha folks for your efforts, thinking of you and our other Maui members through this time.



For previous meetings, trainings, newsletters, and our member roster, check out our <u>internal Kūpuna Collective site</u>

If you have something to share for the next Kūpuna Corner newsletter, send an email to <u>kupunacollective@hiphi.org</u>. An archive of previous Kūpuna Corner newsletters can be found on our <u>internal member website</u>

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Membership Form











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